

LONG TERM PLAN FOR PE



	Reception	Y1/2	Y3/4	Y5/6
Autumn 1	Co-ordination Multi-skills	Tennis Multi-skills	Outdoor and Adventurous Activities Netball Swimming (Austrey)	Outdoor and Adventurous Activities Netball
Autumn 2	Balance Multi-skills	Basketball Outdoor and Adventurous Activities	Football Hockey Swimming (Austrey)	Football Dance
Spring 1	Throwing and Catching Dance	Gymnastics Hockey	Gymnastics Dodgeball Swimming (Newton Regis)	Tag Rugby Gymnastics
Spring 2	Outdoor and Adventurous Activities Team games (invasion)	Dance Tag Rugby	Dance Tag Rugby Swimming (Newton Regis)	Hockey Tennis
Summer 1	Athletics Team games (striking and fielding)	Athletics Rounders	Athletics Cricket/Rounders	Athletics Cricket
Summer 2	Athletics Team games (striking and fielding)	Athletics Cricket	Athletics Tennis	Athletics Rounders